



Office: 403-254-9010 Emergency Gym Line: 403-225-8305 inquire@gymtastics.ca

Welcome to the Recreational 2021 Fall Session

Please see the updated COVID-19 safety guidelines below:

- **MASKS REQUIRED.** Athletes are not required to wear their masks during the physical activity on the equipment.
- Do not enter the facility if you or your family have Covid symptom or signs of illness.
- Come already dressed in the appropriate gymnastics attire.
- Athletes should bring a water bottle labeled with their name.
- Sanitize hands upon arrival.

To check your child's badge level, please go to your Amilia on line account and select "skills".
Please note: Your child's name tag color does NOT indicate their badge level.

Proper gymnastics clothing is required: bodysuits, yoga wear, form fitting T-Shirts and shorts.
Bare feet are best. Long hair must be tied up.

Gymtastics is not responsible for lost or stolen items.

FALL FUNDRAISER!!

Bow River Meat / Coco Brooks

Starts SEPTEMBER 18TH. Pick up SATURDAY OCTOBER 16TH @ 10:15 a.m.

Online Registration for WINTER 2022

Pre-Registration for our Gymtastics families and their siblings begins
on **Tuesday, November 23rd, 2021** online at www.gymtastics.ca
Public registration starts on **Thursday, November 25th, 2021** online.

NO CLASSES

THURSDAY, SEPTEMBER 30TH – Truth & Reconciliation Day (Make-Up Day OCTOBER 7TH)
OCTOBER 5TH, 6TH, 8TH, 9TH, 10TH & 11TH – THANKSGIVING LONG WEEKEND
THURSDAY, NOVEMBER 11TH – Remembrance Day

Last Day of Classes DECEMBER 12TH TO 18TH, 2021

SUNDAY'S!

10:30 AM SUNDAY RECREATIONAL CLASSES MUST ENTER/EXIT FROM THE NORTH ENTRANCE

BIRTHDAY PARTIES NOW ON SATURDAYS & SUNDAYS. BOOK ONLINE TODAY!

Body suits for sale.

Contact Sue's Starwear at zsuzsi_m@hotmail.com

FALL RECREATONAL CALENDAR OF EVENTS

SEPTEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 SAFETY & ORIENTATION DAY	13 SAFETY & ORIENTATION DAY	14 SAFETY & ORIENTATION DAY	15 SAFETY & ORIENTATION DAY	16 SAFETY & ORIENTATION DAY	17 SAFETY & ORIENTATION DAY	18 SAFETY & ORIENTATION DAY
19 ROCK 'N ROLLS!!	20 ROCK 'N ROLLS	21 ROCK 'N ROLLS	22 ROCK 'N ROLLS	23 ROCK 'N ROLLS	24 ROCK 'N ROLLS	25 ROCK 'N ROLLS
26 UPSIDE DOWN DAY	27 UPSIDE DOWN DAY	28 UPSIDE DOWN DAY	29 UPSIDE DOWN DAY	30 TRUTH & RECONCILIATION DAY GYM CLOSED	1 UPSIDE DOWN DAY	2 UPSIDE DOWN DAY

OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 GYMNASSTIC S WEEK	4 GYMNASSTIC S WEEK	5 GYM CLOSED	6 GYM CLOSED	7 UPSIDE DOWN DAY	8 GYM CLOSED	9 THANKSGIVING LONG WEEKEND GYM CLOSED
10 THANKSGIVING LONG WEEKEND GYM CLOSED	11 THANKSGIVING MONDAY GYM CLOSED	12 GYMNASSTICS WEEK	13 GYMNASSTICS WEEK	14 GYMNASSTICS WEEK	15 GYMNASSTICS WEEK	16 GYMNASSTICS WEEK
17 CRAZY CARTWHEELS	18 CRAZY CARTWHEELS	19 CRAZY CARTWHEELS	20 CRAZY CARTWHEELS	21 CRAZY CARTWHEELS	22 CRAZY CARTWHEELS	23 CRAZY CARTWHEELS
24 HALLOWEEN DAY	25 HALLOWEEN DAY	26 HALLOWEEN DAY	27 HALLOWEEN DAY	28 HALLOWEEN DAY	29 HALLOWEEN DAY	30 HALLOWEEN DAY

NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 BACKWARDS DAY	1 BACKWARDS DAY	2 BACKWARDS DAY	3 BACKWARDS DAY	4 BACKWARDS DAY	5 BACKWARDS DAY	6 BACKWARDS DAY
7 TWISTS & TURNS	8 TWISTS & TURNS	9 TWISTS & TURNS	10 TWISTS & TURNS	11 REMEMBRANCE DAY GYM CLOSED	12 TWISTS & TURNS	13 TWISTS & TURNS
14 FUNNY HAIRDO DAY	15 FUNNY HAIRDO DAY	16 FUNNY HAIRDO DAY	17 FUNNY HAIRDO DAY	18 FUNNY HAIRDO DAY	19 FUNNY HAIRDO DAY	20 FUNNY HAIRDO DAY
21 SWINGS & HANGS	22 SWINGS & HANGS	23 PRE-REGISTRATION SWINGS & HANGS	24 SWINGS & HANGS	25 PUBLIC REGISTRATION SWINGS & HANGS	26 SWINGS & HANGS	27 SWINGS & HANGS
28 GYM CHALLENGES	29 GYM CHALLENGES	30 GYM CHALLENGES	1 GYM CHALLENGES	2 GYM CHALLENGES	3 GYM CHALLENGES	4 GYM CHALLENGES

DECEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 BALANCES	6 BALANCES	7 BALANCES	8 BALANCES	9 BALANCES	10 BALANCES	11 BALANCES
12 CHRISTMAS DAY	13 CHRISTMAS DAY	14 CHRISTMAS DAY	15 CHRISTMAS DAY	16 CHRISTMAS DAY	17 CHRISTMAS DAY	18 CHRISTMAS DAY